Monthly Return for Equity Issuer and Hong Kong Depositary Receipts listed under Chapter 19B of the Exchange Listing Rules on Movements in Securities

For the month ended:	30 September 2024	Status:	New Submission
To : Hong Kong Exchanges	and Clearing Limited		
Name of Issuer:	Life Concepts Holdings Limited		
Date Submitted:	03 October 2024		

I. Movements in Authorised / Registered Share Capital

1. Class of shares	Ordinary shares T		Type of shares	Not applicable			Listed on the Exchang	je (Note 1)	Yes	
Stock code (if listed)	08056			Ordinary	Ordinary shares					
	Number o			d shares	Par value			Authorised/registered share capital		
Balance at close of preceding month		100,000,000,000			USD		0.001	USD		100,000,000
Increase / decrease (-)		-95,000,000,000						USD		
Balance at close of the month		5,000,000,000			USD		0.02	USD		100,000,000

Total authorised/registered share capital at the end of the month: USD 100,000,000

Remarks:

Share consolidation of every twenty (20) issued and unissued ordinary shares of par value of US\$0.001 each in the share capital of the company into one(1) consolidated share of par value of US \$0.02 became effective on 3 September 2024.

II. Movements in Issued Shares and/or Treasury Shares

1. Class of shares	Ordinary shares T		Type of shares	Not app	blicable	Listed on the Exchange (Note 1)		Yes	
Stock code (if listed)	08056	8056		Ordina	ry shares				
			er of issued shares ng treasury shares)		Number of treasury shares		Total number of issued shares		ssued shares
Balance at close of preceding month			2,268,2	290,908		0			2,268,290,908
Increase / decrease (-)		-2,154,876,363							
Balance at close of the month		113,4	414,545		0			113,414,545	

Remarks:

Share consolidation of every twenty (20) issued and unissued ordinary shares of par value of US\$0.001 each in the share capital of the company into one(1) consolidated share of par value of US \$0.02 became effective on 3 September 2024.

III. Details of Movements in Issued Shares and/or Treasury Shares

(A). Share Options (under Share Option Schemes of the Issuer)

1. 0	class of shares	Ordinary shares	es Type of shares			Not applicable		Listed on the Exchange (Note 1)			Yes		
Sto	ck code (if listed)	08056		Description									
Parti	culars of share option scheme	Number of share options outstanding at close of preceding month		Movement during the n	nonth	I	Number of share options outstanding at close of the month	Number of new shares issued during the month pursuant thereto (A1)		may be transfe treasu thereto a	f shares which e issued or erred out of ry pursuant as at close of e month	The total num shares which n issued or transfe of treasury u exercise of all options to be g under the sche close of the n	nay be prred out pon share ranted eme at
1).	Post-IPO Share Option Scheme adopted by a resolution in writing passed by all shareholders on 14 July 2016 (Ordinary shares)	0						0			0		4,000,000
Gen	eral Meeting approval date (if a	pplicable)											
			Increase i	n issued shares (e De		-	· · ·		Ordinary s Ordinary s		-		
		Decrease in treasury shares: Ordinary shares (AA2)											

Total funds raised during the month from exercise of options:

(B). Warrants to Issue Shares of the Issuer

Not applicable

Not applicable

(E). Other Movements in Issued Shares and/or Treasury Shares

1. Class of shares	Ordinary shares	Туре с	of shares	Not applicable		Listed on the Exchange (No	Yes		
Stock code (if listed)	08056	Descri	ption		·				
Events		At price	(if applicable)	Date of event (Note 2)	General Meeting approval date (if applicable)	Increase/ decrease (-) in issued shares (excluding treasury shares) during the month pursuant thereto (E1)	Increase/ decrease (-) in treasury shares during the month pursuant thereto (E2)	Number of shares re repurchased for cano not yet cancelled as the month (No	cellation but at close of
		Currency	Amount						iie 3)
1). Share consolidation				03 September 2024	30 August 2024	-95,000,000,000			
							000,000 Ordinary shar Ordinary shar		
	Remarks: Share consolidation of every twenty (20) issued and unissued ordinary shares of par value of US\$0.001 each in the share capital of the company into one(1) consolidated share of par value of US \$0.02 became effective on 3 September 2024.								
Total increase/ decrea	Total increase/ decrease (-) in issued shares (excluding treasury shares) during the month (i.e. Total of AA1 to EE1): -95,000,000,000 Ordinary shares								
	sury shares d	uring the month (i	.e. Total of AA2	2 to EE2):	Ordina	ry shares			

IV. Information about Hong Kong Depositary Receipt (HDR) Not applicable

V. Confirmations

Pursuant to Main Board Rule 13.25C / GEM Rule 17.27C, we hereby confirm to the best knowledge, information and belief that, in relation to each of the securities issued, or the treasury shares sold or transferred by the issuer during the month as set out in Parts III and IV which has not been previously disclosed in a return published under Main Board Rule 13.25A / GEM Rule 17.27A, it has been duly authorised by the board of directors of the listed issuer and carried out in compliance with all applicable listing rules, laws and other regulatory requirements and, insofar as applicable:

(Note 4)

(i) all money due to	the listed issuer in respect of the issue of securities, or sale or transfer of treasury shares has been received by it;
(ii) all pre-conditions	s for listing imposed by the Rules Governing the Listing of Securities on The Stock Exchange of Hong Kong Limited under "Qualifications of listing" have been fulfilled;
(iii) all (if any) condit	tions contained in the formal letter granting listing of and permission to deal in the securities have been fulfilled;
(iv) all the securities	of each class are in all respects identical (Note 5);
	equired by the Companies (Winding Up and Miscellaneous Provisions) Ordinance to be filed with the Registrar of Companies have been duly filed and that compliance has all other legal requirements;
(vi) all the definitive	documents of title have been delivered/are ready to be delivered/are being prepared and will be delivered in accordance with the terms of issue, sale or transfer;
	taken place of the purchase by the issuer of all property shown in the listing document to have been purchased or agreed to be purchased by it and the purchase r all such property has been duly satisfied; and
(viii) the trust deed/d Registrar of Co	leed poll relating to the debenture, loan stock, notes or bonds has been completed and executed, and particulars thereof, if so required by law, have been filed with the mpanies.
Submitted by:	Kwok Wai Chun

Title:

Company Secretary

(Director, Secretary or other Duly Authorised Officer)

Notes

- 1. The Exchange refers to The Stock Exchange of Hong Kong Limited.
- 2. In the case of repurchase of shares (shares repurchased and cancelled) and redemption of shares (shares redeemed and cancelled), "date of event" should be construed as "cancellation date".

In the case of repurchase of shares (shares held as treasury shares), "date of event" should be construed as "date on which shares were repurchased and held by the issuer in treasury".

- 3. The information is required in the case of repurchase of shares (shares repurchased for cancellation but not yet cancelled) and redemption of shares (shares redeemed but not yet cancelled). Please state the number of shares repurchased or redeemed during the month or in preceding month(s) but pending cancellation as at close of the month as a negative number.
- 4. Items (i) to (viii) are suggested forms of confirmation. The listed issuer may amend the item(s) that is/are not applicable to meet individual cases. Where the issuer has already made the relevant confirmations in a return published under Main Board Rule 13.25A / GEM Rule 17.27A in relation to the securities issued, or the treasury shares sold or transferred, no further confirmation is required to be made in this return.
- 5. "Identical" means in this context:
 - the securities are of the same nominal value with the same amount called up or paid up;
 - they are entitled to dividend/interest at the same rate and for the same period, so that at the next ensuing distribution, the dividend/interest payable per unit will amount to exactly the same sum (gross and net); and
 - they carry the same rights as to unrestricted transfer, attendance and voting at meetings and rank pari passu in all other respects.