(Incorporated in the Cayman Islands with limited liability) (於開曼群島註冊成立的有限公司)

(Stock Code 股份代號: 6909)

5 February 2024

Dear registered shareholder(s),

## Arrangement of Electronic Dissemination of Corporate Communications

Pursuant to Rule 2.07 of the Rules Governing The Listing of Securities on The Stock Exchange of Hong Kong Limited (the "Listing Rules") under the expansion of paperless listing regime and electronic dissemination of corporate communications that came into effect on 31 December 2023, BetterLife Holding Limited (the "Company") is writing to inform you that the Company has adopted electronic dissemination of corporate communications (the "Corporate Communications"), which mean any documents issued or to be issued by the Company for the information or action of holders of any of its securities, including but not limited to (a) the directors' report, its annual accounts together with a copy of the auditors' report and, where applicable, its summary financial report; (b) the interim report and, where applicable, its summary interim report; (c) a notice of meeting; (d) a listing document; (e) a circular and (f) a proxy form.

Please note that both the English and Chinese versions of all future Corporate Communications will be available electronically on the website of the Company at www.blchina.com and the HKExnews website at www.hkexnews.hk in place of printed copies.

Solicitation of electronic contact details

To ensure timely receipt of the latest Corporate Communications, the Company recommends you provide your email address by scanning your personalized QR code printed on the enclosed reply form (the "Reply Form"). Alternatively, you may sign and return the Reply Form to the Company's Hong Kong share registrar (the "Share Registrar"), Computershare Hong Kong Investor Services Limited, at 17M Floor, Hopewell Centre, 183 Queen's Road East, Wan Chai, Hong Kong.

If the Company does not receive a functional email address in your reply, until such time that the functional email address is provided to the Share Registrar, you will (i) be unable to receive any notifications regarding the publication of Corporate Communications; and (ii) need to proactively check the Company's website and the HKExnews website to keep up with the publication of Corporate Communications; and (iii) the Company will send the Actionable Corporate Communications<sup>(Note)</sup> in printed form in the future.

If you want to receive the Corporate Communications in printed form, please complete and return the Reply Form on the reverse side to the Share Registrar or send an email to betterlife.ecom@computershare.com.hk specifying your name, address and request to receive the Corporate Communications in printed form. Please note that such instruction shall be valid for one year starting from the receipt date of your instruction and will expire thereafter.

Should you have any queries relating to this letter, please contact the Company at (86) 010-58739939 during business hours from 9:00 a.m. to 6:00 p.m. (Hong Kong time), Mondays to Fridays, excluding Hong Kong public holidays.

> Yours faithfully, By order of the Board BetterLife Holding Limited Chou Patrick Hsiao-Po

Chairman, Chief Executive Officer and Executive Director

Actionable Corporate Communication is any corporate communication that seeks instructions from issuer's securities holders on how they wish to exercise their rights or make an election as the issuer's securities holder

各位登記股東:

## 以電子方式發布公司通訊之安排

根據自 2023 年 12 月 31 日起生效的擴大無紙化上市機制及以電子方式發布公司通訊規定下香港聯合交易所有限公司證券上市規則(「**上市規則**」)第 2.07條,百得利控股有限公司(「**公司**」)謹此通知 閣下,公司已採用以電子方式發布公司通訊(「**公司通訊**」)之安排,該公司通訊是指公司為向 其任何證券持有人提供資訊或提醒其採取行動而發布或將要發布的任何文件,包括但不限於(a)董事報告、年度帳目以及審計報告副本以及(如適用) 財務摘要報告; (b) 中期報告及其中期報告摘要(如適用); (c) 會議通知; (d) 上市文件; (e) 通函和 (f) 委任表格。

請注意,所有未來公司通訊的英文版和中文版將在本公司網站 www.blchina.com 和披露易網站 www.hkexnews.hk 上提供,以代替印刷本。

徵集電子聯絡資料

為確保及時收到最新的公司通訊,公司建議 閣下透過掃描本函背頁之回條(「回條」)上列印的 閣下專屬二維碼來提供 閣下的電子郵件地址。 閣下也可以簽署回條並交回公司的香港股份過戶登記處(「**股份過戶處**」)香港中央證券登記有限公司,地址為香港灣仔皇后大道東 183 號 合和中心 17M 樓。

閣下將(i)無法收到任何有關發佈公司通訊的通 如果公司沒有收到 閣下的有效電子郵件地址,直至股份過戶處收到 閣下有效的電子郵件地址前, 知,及(ii)需要主動查看公司網站和披露易網站以留意公司通訊的發佈,及(iii)而公司未來將以印刷本形式發送可供採取行動的公司通訊

閣下希望收取公司通訊之印刷版,請填妥本函背頁之回條並交回股份過戶處,或發送電子郵件至 betterlife.ecom@computershare.com.hk, 並註明 閣 下的姓名、地址以及收取公司通訊印刷版的要求。 請注意,收取未來公司通訊印刷版之指示由收悉 閣下指示當日起計一年內有效,此後將過期。

如 閣下對本函件有任何疑問,請於辦公時間星期一至五(香港公眾假期除外)上午9時正至下午6時正(香港時間)其間致電公司(86)010-58739939 查詢。

> 承董事會命 百得利控股有限公司 董事長、首席執行官及執行董事 周小波

2024年2月5日

## 回條 REPLY FORM

To: Computershare Hong Kong Investor Services Limited (The "Share Registrar")

17M Floor, Hopewell Centre

183 Oueen's Road East, Wan Chai, Hong Kong

香港中央證券登記有限公司 (「股份過戶處」) 香港灣仔皇后大道東 183 號

合和中心 17M 樓

CCS7260

(Please **choose ONLY ONE** of the options below) (請從以下選項中**只選擇其中一項**)

Personalized QR Code 專屬二維碼

Option 1: Provide email address for receipt of future Corporate Communications\* of the Company via electronic dissemination by scanning personalized QR code

選項1:

掃瞄 專屬二維碼提供電子郵件地址,以接收公司通過電子方式 發佈的未來公司通訊\*

Returning this Reply Form is NOT required if Option 1 is chosen. 如選擇了選項1,無須交回本回條。

	- III		
Option 2: I/we hereby provide my/our email address in "Company") via electronic dissemination	writing for receipt of future Corporate Con	nmunications* of the following listed company	(the
選項 2: 本人/吾等現以書面提供本人/吾等的電子郵件	地址・以確保收到以下上市公司(「公司」	)通過電子方式發佈的未來公司通訊。	
Name of Securities holder(s) 證券持有人姓名:	Name of the listed company 上 <b>BetterLife Holding L</b> <u>百得利控股有限公司</u>	imited	
Email address 電郵地址: (Notes 3 / 附註 3)			
Option 3: I/we hereby request for receipt of Corporate 選項 3: 本人/吾等現要求收取公司通訊*印刷版 (如源 receive future Corporate Communications* in printed cop 收取未來公司通訊*的印刷本・並已知悉本指示由收取	適用・請在以下方格內劃上「✔」號) by and noted that this instruction is valid only for	,	. (Notes 5)
Signature(s): <sup>(Notes 1)</sup> 簽名: <sup>(附註 1)</sup>	Contact number: 聯絡電話號碼:	Date: 日期:	
Notes 開註:  1. Please complete all your details clearly. If your shares are held in joint nan 講演養填妥 圈下之所有資料。如屬總名股東,則本回條須由所有總名股東,但如何回條若未有簽署或在其他方面填寫不正確。則本回條須由所有總名股界。  3. If the Company does not receive a functional email address in your reply, you 如公司沒有收到 圖下的有效電子影件地址。圖下將北段到有關發出。If you provide more than one email address by QR code, email, reply form an 如 圖下插過二雄语、電影,回條及項其他方式提供多於一個的電子影件。 If you mark "V" in the box in Option 3, no email address will be registered 如 圖下在建資 方格內劃上 "V",號 將不會有電子影件地址被容記。另 6. For the avoidance of doubt, the Company does not accept any other instruction和免存技术,公司將不予處理。	聯合養著,方為有效。 void. will be unable to receive notifications regarding the publica 可避論**的種如。 dof or other means, only the latest one email address provided 地址、只有 關下最後提供的電子郵件地址將會被用於登記 and only Corporate Communications* in printed form will be 不存公司經濟*的印刷版會被收取。 ons given on this Reply Form.	tion of Corporate Communications* will be registered.	

report, notice of meeting, circular and proxy form.

除非另有註明·公司通訊乃指公司已發出或將予發出以供其任何證券的持有人參照或採取行動的任何文件·其中包括但不限於年報、中期報告、會議通告、通函及代表委任表格。

PERSONAL INFORMATION COLLECTION STATEMENT 收集個人資料聲明

"Personal Data" in this statement has the same meaning as "personal data" in the Personal Data (Privacy) Ordinance, Chapter 486 of the Laws of Hong Kong ("PDPO").
本聲明中所指的「國人資料,與香港法例第 486 章 (國人資料,10組織 1489) (「《私團條例》」)中「個人資料」的涵義相同。
Your Personal Data provided in this Reply Form will be used in connection with, including but not limited to, the Company's electronic dissemination of Corporate Communications and to liaise with you on other matters relating to your holdings in the Company. Your supply of Personal Data to the Company is on a voluntary basis. In case of a failure to provide sufficient information, the Company may not be able to process your instruction

relating to your holdings in the Company, Your supply of Personal Data to the Company is on a voluntary basis. In case of a failure to provide sufficient minorimation, the Company in a now of the company in a nador requires a stated in this Reply Form.

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Mailing Label 郵寄標籤

Computershare Hong Kong Investor Services Limited 香港中央證券登記有限公司 Freepost No. 簡便回郵號碼:37 Hong Kong 香港

Please cut the mailing label and stick it on an envelope to return this form to us.

No postage is necessary if posted in Hong Kong.

當 閣下寄回此回條時・請將郵寄標籤剪貼於信封上 如在本港投寄・ 閣下無需支付郵費或貼上郵票。