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BetterLife Holding Limited
百得利控股有限公司

(Incorporated in the Cayman Islands with limited liability)

(Stock Code: 6909)

INSIDE INFORMATION
IN RELATION TO DELAY IN DESPATCH OF 2023 INTERIM REPORT
AND
CONTINUED SUSPENSION OF TRADING

This announcement is made by BetterLife Holding Limited pursuant to Rules 13.09 and 13.51(2) of the Listing Rules, and the Inside Information Provisions (as defined in the Listing Rules) under Part XIVA of the Securities and Futures Ordinance (Chapter 571 of the Laws of Hong Kong).

Reference is made to the announcements of the Company dated 24 August 2023 (the “**Announcement**”), 29 August 2023 and 4 September 2023, in relation to the delay in publication of the 2023 Interim Results and suspension of trading in shares of the Company. Unless otherwise defined herein, terms defined in the Announcement shall have the same meanings when used in this announcement.

DELAY IN DESPATCH OF 2023 INTERIM REPORT

Pursuant to Rule 13.48(1) of the Listing Rules, the Company is required to send the interim report of the Group for the six months ended 30 June 2023 (the “**2023 Interim Report**”) to its shareholders not later than three months after the end of that period of six months, i.e. not later than 30 September 2023.

The Company wishes to inform its Shareholders that as the publication of the 2023 Interim Results is still pending due to the circumstances as disclosed in the Announcement, the despatch of the 2023 Interim Report will be delayed beyond September 2023. The Company will publish further announcement(s) to inform the Shareholders of (i) the date of the meeting of the Board to consider and approve the 2023 Interim Results; (ii) the date of the release of the 2023 Interim Results; and (iii) the date of the despatch of the 2023 Interim Report as and when appropriate.

CONTINUED SUSPENSION OF TRADING

Trading in the shares of the Company on the Stock Exchange have been suspended with effect from 9:00 a.m. on 1 September 2023 pending publication of the 2023 Interim Results by the Company.

Shareholders and potential investors should exercise caution when dealing in the securities of the Company.

By Order of the Board
BetterLife Holding Limited
Chau Kwok Keung
Executive Director and Company Secretary

Hong Kong, 29 September 2023

As at the date of this announcement, the Board comprises Mr. Chou Patrick Hsiao-Po, Ms. Sun Jing, Mr. Xu Tao and Mr. Chau Kwok Keung as executive directors; and Mr. Liu Dengqing, Mr. Wong Ka Kit and Mr. Yau Ka Chi as independent non-executive directors.