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**Health and Happiness (H&H) International Holdings Limited**

**健合(H&H)國際控股有限公司**

*(Incorporated in the Cayman Islands with limited liability)*

**(Stock Code: 1112)**

**DATE OF BOARD MEETING**

The board of directors (the “**Board**”) of Health and Happiness (H&H) International Holdings Limited (the “**Company**”, and its subsidiaries, the “**Group**”) hereby announces that a meeting of the Board of the Company will be held on Tuesday, 22 August 2023 at 9:00 a.m. at Suites 4007-09, 40th Floor, One Island East, Taikoo Place, 18 Westlands Road, Quarry Bay, Hong Kong for the purpose of considering and approving the interim results of the Group for the six months ended 30 June 2023 and the payment of an interim dividend, if any, and transacting any other business.

By Order of the Board

**Health and Happiness (H&H) International Holdings Limited**

**Luo Fei**

*Chairman*

Hong Kong, 21 July 2023

*As at the date of this announcement, the executive directors of the Company are Mr. Luo Fei and Mr. Wang Yidong; the non-executive directors of the Company are Mrs. Laetitia Albertini, Dr. Zhang Wenhui and Mr. Luo Yun; and the independent non-executive directors of the Company are Mr. Tan Wee Seng, Mrs. Lok Lau Yin Ching and Professor Ding Yuan.*