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**BetterLife Holding Limited**

**百得利控股有限公司**

*(Incorporated in the Cayman Islands with limited liability)*

**(Stock Code: 6909)**

**NOTICE OF BOARD MEETING**

The board of directors (the “**Board**”) of BetterLife Holding Limited (the “**Company**”) hereby announces that a meeting of the Board will be held on Tuesday, August 31, 2021 for the purpose of, among other matters, (i) considering and approving the unaudited interim results of the Company and its subsidiaries for the six months ended June 30, 2021 and its publication; and (ii) considering the recommendation of payment of an interim dividend (if any); and (iii) any other transactions and business.

By order of the Board  
**BetterLife Holding Limited**  
**Chou Patrick Hsiao-Po**

*Chairman, Chief Executive Officer and Executive Director*

Hong Kong, August 16, 2021

*As at the date of this announcement, the executive Directors are Mr. Chou Patrick Hsiao-Po, Ms. Sun Jing, Ms. Wei Hongjing and Mr. Chau Kwok Keung; and the independent non-executive Directors are Mr. Liu Dengqing, Mr. Wong Ka Kit and Mr. Yau Ka Chi.*

*This announcement is available for viewing on the Company’s website at [www.blchina.com](http://www.blchina.com) and the website of the Stock Exchange at [www.hkexnews.hk](http://www.hkexnews.hk).*